



The Terrace Café Weekly Menu

December 8-12, 2025




	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Specials					
<p>*All menu items are subject to change based upon availability.</p> <p>The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.</p>					
<p>Express Breakfast</p> 	<p>Served Monday to Friday, from 7 to 11 a.m. See in-store for hot breakfast items prepared daily.</p>				
<p>Around The World</p> <p><i>Weekly cuisine features from around the world — Mexican, Chinese and more</i></p> 	<p>Ooodles of Noodles</p> <p>Served on a bed of chow mein noodles or fried rice, choose from:</p> <ul style="list-style-type: none"> • Manchurian Chicken (locally sourced chicken from Bradford Bay, Ont.) • Pineapple Pork • Beef and Broccoli (locally sourced beef from Wellington County, Ont.) • Stir-Fried Vegetables with Tofu <p>Make your noodles a meal! Add a vegetable spring roll or two!</p>				

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Daily Specials					
Chef's Corner <i>Home-cooked meals such as salmon, roasted chicken, lasagna and pasta dishes served fresh daily.</i> 	Orange Baked Ham served with scalloped potatoes and roasted Brussel sprouts Baked Haitian Fish served with rice and roasted Brussel sprouts Beef Lasagna served with garlic bread or salad	Savoury Turkey Meatloaf with mushrooms and cranberries. Served with caramelized shallot sauce, garlic smashed potatoes and roasted root vegetables Beef & Veggie Pasta Bake served with garlic bread or salad Lemon Panko Crusted Salmon served with rice and roasted root vegetables	Beef Tourtiere served with roasted potatoes and glazed red beets Tandoori Haddock served with rice and glazed red beets Portobello Penne Pasta Casserole served with garlic bread or salad	Breaded Pork Cutlet on a Bun with crispy onions and mushroom sauce. Served with roasted potato wedges and green beans Ginger Cumin Chicken served with rice and green beans Penne Pasta with Spicy Vodka Tomato Cream Sauce served with garlic bread or salad	Rosemary Mustard Steak with crispy onions. Served with potato wedges and chipotle mango coleslaw Homemade English Style Beer Battered Fish served with potato wedges and chipotle mango coleslaw Spaghetti Bolognese served with garlic bread or salad

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Soup Kettle 	Chicken Noodle Soup Beef Chili Vegetarian Stew Homemade Soup Special of the Day	Chicken Noodle Soup Beef Chili Vegetarian Stew Homemade Soup Special of the Day	Chicken Noodle Soup Beef Chili Vegetarian Stew Homemade Soup Special of the Day	Chicken Noodle Soup Beef Chili Vegetarian Stew Homemade Soup Special of the Day	Chicken Noodle Soup Beef Chili Vegetarian Stew Homemade Soup Special of the Day
The Grill <i>Full breakfast bar, grilled paninis, hamburgers, fries, chicken fingers and more</i> 	See in-store for menu specials.				

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Sandwich Stop <i>Fresh made-to-order sandwich selections.</i> 	See in-store for menu specials.				
Salad Bowl <i>A variety of fresh salads.</i> 	See in-store for menu specials.				

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Terrace Café

The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.

Location: Main Floor, Atrium

Hours: Monday to Friday – 7 a.m. to 7 p.m.
Saturday, Sunday and Holidays – 9 a.m. to 4 p.m.

Phone: 416-813-6754

Food stations

From our chefs, the Terrace Café offers a full range of meals including:

- **The Grill: Full breakfast bar (served between 7 and 11 a.m. daily),** grilled paninis, hamburgers, fries, chicken fingers and more.
- **The Chef's Corner (Weekdays, 11 a.m. to 7 p.m.; Weekends and Holidays, 11:30 a.m. to 4 p.m.):** Home-cooked meals such as salmon, roasted chicken, lasagna and other pasta dishes served fresh daily
- **Around The World (Weekdays, 11:30 a.m. to 3 p.m.):** Weekly cuisine features from around the world, like Mexican, Indian, Chinese and more!
- **Salad Bowl:** Salad bar featuring pre-packaged signature salads and protein boxes
- **Sandwich Spot:** Fresh made-to-order sandwich selections
- **Made in Japan Teriyaki Experience**
- **Terrace Pizza:** Selection of pre-packaged pizza, made in-house daily
- **Soup Kettle:** A variety of fresh soups, which change daily
- Plus, a selection of **baked goods and desserts**

Kids Eat Local! The Terrace Café at SickKids uses [locally sourced ingredients](#) whenever possible.